



Yearly Status Report - 2019-2020

Part A

Data of the Institution

Part A	
Data of the Institution	
1. Name of the Institution	MOTHER TERESA WOMEN'S UNIVERSITY
Name of the head of the Institution	Dr.Vaidehi Vijayakumar
Designation	Vice Chancellor
Does the Institution function from own campus	Yes
Phone no/Alternate Phone no.	04542241021
Mobile no.	9442541121
Registered Email	vicechancellor@motherteresawomenuniv.ac.in
Alternate Email	vcmotherteresa@gmail.com
Address	Mother Teresa Women's University, Attuvampatti
City/Town	Kodaikanal
State/UT	Tamil Nadu
Pincode	624101

2. Institutional Status	
University	State
Type of Institution	Women
Location	Rural
Financial Status	state
Name of the IQAC co-ordinator/Director	Dr. M.Umadevi
Phone no/Alternate Phone no.	04542244412
Mobile no.	9443928671
Registered Email	iqac@motherteresawomenuniv.ac.in
Alternate Email	ums10@yahoo.com

3. Website Address	
Web-link of the AQAR: (Previous Academic Year)	https://www.motherteresawomenuniv.ac.in/IOAC/AQAR/AQAR%202018-2019%20n.pdf
4. Whether Academic Calendar prepared during the year	Yes
if yes,whether it is uploaded in the institutional website: Weblink :	https://www.motherteresawomenuniv.ac.in/academic/Academic%20Calendar%202019-2020.pdf

5. Accrediation Details					
Cycle	Grade	CGPA	Year of Accrediation	Validity	
				Period From	Period To
2	B	2.8	2015	03-Mar-2015	02-Mar-2020

6. Date of Establishment of IQAC	03-Sep-2009
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7. Internal Quality Assurance System

Quality initiatives by IQAC during the year for promoting quality culture		
Item /Title of the quality initiative by	Date & Duration	Number of participants/ beneficiaries

IQAC		
Outreach programme on	01-Aug-2019 1	93
Criteria, Key Indicators and Weightages for NAAC	23-Sep-2019 1	39
NAAC sponsored a National Seminar on	03-Feb-2020 1	152
One day Seminar on	10-Feb-2020 1	60
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8. Provide the list of Special Status conferred by Central/ State Government-UGC/CSIR/DST/DBT/ICMR/TEQIP/World Bank/CPE of UGC etc.

Institution/Department/Faculty	Scheme	Funding Agency	Year of award with duration	Amount
Department of Computer Science	Grant in aid General	DST CURIE	2018 1825	7000000
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9. Whether composition of IQAC as per latest NAAC guidelines:

Yes

Upload latest notification of formation of IQAC

[View File](#)

10. Number of IQAC meetings held during the year :

11

The minutes of IQAC meeting and compliances to the decisions have been uploaded on the institutional website

Yes

Upload the minutes of meeting and action taken report

[View File](#)

11. Whether IQAC received funding from any of the funding agency to support its activities during the year?

Yes

If yes, mention the amount

75000

Year

2020

12. Significant contributions made by IQAC during the current year(maximum five bullets)

- Timely submission of AQAR 20182019.
- Organized NAAC sponsored National seminar.
- Conducted Seminar/ Workshops/ Training etc. to promote quality, research Development.
- Conducted academic audit.
- Collected Feedback from

various stake holders and analyzed. • Conducted various awareness programmes and outreach activities addressing social issues. • Organized soft skills and personality development programmes for students.

No Files Uploaded !!!

13. Plan of action chalked out by the IQAC in the beginning of the academic year towards Quality Enhancement and outcome achieved by the end of the academic year

Plan of Action	Achivements/Outcomes
No Data Entered/Not Applicable!!!	
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14. Whether AQAR was placed before statutory body ?

Yes

Name of Statutory Body	Meeting Date
Academic Council	24-Aug-2020

15. Whether NAAC/or any other accredited body(s) visited IQAC or interacted with it to assess the functioning ?

No

16. Whether institutional data submitted to AISHE:

Yes

Year of Submission

2020

Date of Submission

20-Feb-2020

17. Does the Institution have Management Information System ?

Yes

If yes, give a brief descripton and a list of modules currently operational (maximum 500 words)

University maintains a website www.moherteresawomenuniv.ac.in. It provides portal for Online Payment of all kinds of fees such as Examination fee, Admission fee, Tuition fee, Genuineness, Migration, Transcript, Course fee for Ph.D., etc. through State Bank of India. University has started National Academic Depository and eSANAD services offered by Government of India with respect to Academic Awards and Online Attestation/ Apostil. Online application mode is also available for candidates seeking admission. Pre and Post Examination Processes are automated. Controller of

Examination Section has been automated and results are published in University Website. As one of the confidentiality aspects, Dummy Numbering System is used to randomize the scripts before evaluation. Marks are automatically scanned and stored in the database. Research Section has Software for Tracking System and Plagiarism checkup. Process of acquiring eOffice package from National Informatics Centre is being done to support Admission, Establishment, Finance and Purchase Sections of University. Payroll Process is automated. KOHA software is used as ILMS to provide efficient and comfortable interface and prompt service to all the users of the library. Web OPAC facility is also made available through KOHA software to know the bibliographic details and availability of resources. Biometric system is installed for employees' attendance.

Part B

CRITERION I – CURRICULAR ASPECTS

1.1 – Curriculum Design and Development

1.1.1 – Programmes for which syllabus revision was carried out during the Academic year

Name of Programme	Programme Code	Programme Specialization	Date of Revision
MlibISc	M.Lib.I.Sc	Library and Information Science	04/07/2019
No file uploaded.			

1.1.2 – Programmes/ courses focussed on employability/ entrepreneurship/ skill development during the Academic year

Programme with Code	Programme Specialization	Date of Introduction	Course with Code	Date of Introduction
No Data Entered/Not Applicable !!!				
View File				

1.2 – Academic Flexibility

1.2.1 – New programmes/courses introduced during the Academic year

Programme/Course	Programme Specialization	Dates of Introduction
MlibISc	Digital Library (Course)	04/07/2019
No file uploaded.		

1.2.2 – Programmes in which Choice Based Credit System (CBCS)/Elective Course System implemented at the University level during the Academic year.

Name of programmes adopting CBCS	Programme Specialization	Date of implementation of CBCS/Elective Course System
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No Data Entered/Not Applicable !!!

1.3 – Curriculum Enrichment

1.3.1 – Value-added courses imparting transferable and life skills offered during the year

Value Added Courses	Date of Introduction	Number of Students Enrolled
No Data Entered/Not Applicable !!!		
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1.3.2 – Field Projects / Internships under taken during the year

Project/Programme Title	Programme Specialization	No. of students enrolled for Field Projects / Internships
No Data Entered/Not Applicable !!!		
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1.4 – Feedback System

1.4.1 – Whether structured feedback received from all the stakeholders.

Students	Yes
Teachers	Yes
Employers	Yes
Alumni	Yes
Parents	Yes

1.4.2 – How the feedback obtained is being analyzed and utilized for overall development of the institution? (maximum 500 words)

Feedback Obtained

The University's IQAC collects feedback periodically at the end of each semester from stake holders viz. Students, Parents, Teachers and Alumni on various aspects of the institution such as curriculum, teaching-learning process, location and environment, office, laboratory, library, administration and academics. • The feedback pertaining to curriculum and teaching learning process is placed in the academic council and board of studies and the different areas where improvements required are discussed in the respective committees. Suggestions and comments provided by the stakeholders are incorporated in various ways for the overall development of the Institution such as: • Revising the curriculum periodically in order to enhance the employability, entrepreneur and skill development of the students. • Monitoring the mentor-mentee system to regulate the students' performance to tend the physical and mental health. • Encouraging the Late bloomers to equip their skills through internship and field visit. • Inculcating soft skills such as interview-skill, business-communication, personality development etc. • Providing a congenial and technologically advanced teaching- learning environment through ICT. • Improving and enriching the course-materials. • Providing a better student-friendly ambiance to the learners. • Courses have been introduced encompassing the employability, entrepreneurship and skill development. • Students are stimulated to do more internship and field visits. consequently, it is a means to an end to expose to the real world and to relearn and to apply their knowledge • Curriculum has been reconsidered and amended based on the feedback, with the highlight on the ethics and human values and gender sensitization. • Students' entanglement in internship and field visit accelerates their academic performance and applied knowledge. • Value added courses are launched to tackle issues pertaining to real life situation and to imbibe students with integrity. • Curriculum devised and aimed

at imparting knowledge, caters to the requirements of the local, national and international needs. • Courses have been introduced to render soft skills and technical competency considering the advocacy of environment and content with professional ethics and values. • Introducing necessary changes in board of studies.

CRITERION II – TEACHING- LEARNING AND EVALUATION

2.1 – Student Enrolment and Profile

2.1.1 – Demand Ratio during the year

Name of the Programme	Programme Specialization	Number of seats available	Number of Application received	Students Enrolled
No Data Entered/Not Applicable !!!				
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2.2 – Catering to Student Diversity

2.2.1 – Student - Full time teacher ratio (current year data)

Year	Number of students enrolled in the institution (UG)	Number of students enrolled in the institution (PG)	Number of fulltime teachers available in the institution teaching only UG courses	Number of fulltime teachers available in the institution teaching only PG courses	Number of teachers teaching both UG and PG courses
2019	30	284	0	49	6

2.3 – Teaching - Learning Process

2.3.1 – Percentage of teachers using ICT for effective teaching with Learning Management Systems (LMS), E-learning resources etc. (current year data)

Number of Teachers on Roll	Number of teachers using ICT (LMS, e-Resources)	ICT Tools and resources available	Number of ICT enabled Classrooms	Numberof smart classrooms	E-resources and techniques used
No Data Entered/Not Applicable !!!					
View File of ICT Tools and resources					
No file uploaded.					

2.3.2 – Students mentoring system available in the institution? Give details. (maximum 500 words)

Mentoring plays an important role in the holistic development of the students. Since our students are from varied environment, mentoring is very useful. Mentoring enhances the teacher students contact, increases students' academic performance, helps to reduce dropouts, enables to identify the learning level of the students and plan their academic, co-curricular and extracurricular activities suitable to them. It enables better understanding of the students and their needs. Their progress is monitored, and guidance given then and there. The mentor-Mentee ratio is 1:10. Talents are identified and chisled appropriately. A mentoring format is given by the IQAC and is also monitored by the IQAC. Students profile is created by the mentor and the performance of the student is recorded. Whenever there is a need, counseling is also given. Thus, the mentor also acts as a counselor. As most of our students are from faraway places and are staying in the hostel, mentor acts as a second parent and students feel their stay as comfortable. Students are met individually and in group also. The mentor identifies the learning difficulty of the mentee in any subject and makes necessary arrangement for her improvement in consultation with the subject teacher. Because of mentor mentee system there is a significant improvement in the teacher – student relationship as well as growth in the academic performance. Hostel students never feel isolated or home sick. It has definitely reduced dropout rate.

Number of students enrolled in the institution	Number of fulltime teachers	Mentor : Mentee Ratio
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590	55	1:10
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2.4 – Teacher Profile and Quality

2.4.1 – Number of full time teachers appointed during the year

No. of sanctioned positions	No. of filled positions	Vacant positions	Positions filled during the current year	No. of faculty with Ph.D
85	55	29	1	54

2.4.2 – Honours and recognition received by teachers (received awards, recognition, fellowships at State, National, International level from Government, recognised bodies during the year)

Year of Award	Name of full time teachers receiving awards from state level, national level, international level	Designation	Name of the award, fellowship, received from Government or recognized bodies
No Data Entered/Not Applicable !!!			
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2.5 – Evaluation Process and Reforms

2.5.1 – Number of days from the date of semester-end/ year- end examination till the declaration of results during the year

Programme Name	Programme Code	Semester/ year	Last date of the last semester-end/ year-end examination	Date of declaration of results of semester-end/ year- end examination
No Data Entered/Not Applicable !!!				
View File				

2.5.2 – Average percentage of Student complaints/grievances about evaluation against total number appeared in the examinations during the year

Number of complaints or grievances about evaluation	Total number of students appeared in the examination	Percentage
0	0	0

2.6 – Student Performance and Learning Outcomes

2.6.1 – Program outcomes, program specific outcomes and course outcomes for all programs offered by the institution are stated and displayed in website of the institution (to provide the weblink)

<https://www.motherteresawomenuniv.ac.in/academic/IOAC%20Syllabus/PG%20IOAC.html>

2.6.2 – Pass percentage of students

Programme Code	Programme Name	Programme Specialization	Number of students appeared in the final year examination	Number of students passed in final year examination	Pass Percentage
No Data Entered/Not Applicable !!!					
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2.7 – Student Satisfaction Survey

2.7.1 – Student Satisfaction Survey (SSS) on overall institutional performance (Institution may design the questionnaire) (results and details be provided as weblink)

<https://www.motherteresawomenuniv.ac.in/IOAC/SSS%2019-20.pdf>

CRITERION III – RESEARCH, INNOVATIONS AND EXTENSION

3.1 – Promotion of Research and Facilities

3.1.1 – Teachers awarded National/International fellowship for advanced studies/ research during the year

Type	Name of the teacher awarded the fellowship	Name of the award	Date of award	Awarding agency
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No Data Entered/Not Applicable !!!

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3.1.2 – Number of JRFs, SRFs, Post Doctoral Fellows, Research Associates and other fellows in the Institution enrolled during the year

Name of Research fellowship	Duration of the fellowship	Funding Agency
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No Data Entered/Not Applicable !!!

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3.2 – Resource Mobilization for Research

3.2.1 – Research funds sanctioned and received from various agencies, industry and other organisations

Nature of the Project	Duration	Name of the funding agency	Total grant sanctioned	Amount received during the year
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No Data Entered/Not Applicable !!!

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3.3 – Innovation Ecosystem

3.3.1 – Workshops/Seminars Conducted on Intellectual Property Rights (IPR) and Industry-Academia Innovative practices during the year

Title of workshop/seminar	Name of the Dept.	Date
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No Data Entered/Not Applicable !!!

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3.3.2 – Awards for Innovation won by Institution/Teachers/Research scholars/Students during the year

Title of the innovation	Name of Awardee	Awarding Agency	Date of award	Category
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No Data Entered/Not Applicable !!!

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3.3.3 – No. of Incubation centre created, start-ups incubated on campus during the year

Incubation Center	Name	Sponsored By	Name of the Start-up	Nature of Start-up	Date of Commencement
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No Data Entered/Not Applicable !!!

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3.4 – Research Publications and Awards

3.4.1 – Ph. Ds awarded during the year

Name of the Department	Number of PhD's Awarded
Biotechnology	1
Commerce	2
Computer Science	2

English	1
Mathematics	2
Physics	1
Womens Studies	1

3.4.2 – Research Publications in the Journals notified on UGC website during the year

Type	Department	Number of Publication	Average Impact Factor (if any)
International	Biotechnology	6	1.08
International	Commerce	16	0
International	Computer Science	15	0.6
International	English	1	0
International	Management Studies	8	0
International	Physics	17	3.47
International	Visual Communication	1	0

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3.4.3 – Books and Chapters in edited Volumes / Books published, and papers in National/International Conference Proceedings per Teacher during the year

Department	Number of Publication
Tamil	1
Sociology	1
Physics	4
Home Science	4
English	3
Education	20
Computer Science	6
Commerce	4
Biotechnology	2

[View File](#)

3.4.4 – Patents published/awarded/applied during the year

Patent Details	Patent status	Patent Number	Date of Award
No Data Entered/Not Applicable !!!			

[View File](#)

3.4.5 – Bibliometrics of the publications during the last academic year based on average citation index in Scopus/ Web of Science or PubMed/ Indian Citation Index

Title of the Paper	Name of Author	Title of journal	Year of publication	Citation Index	Institutional affiliation as mentioned in the publication	Number of citations excluding self citation
No Data Entered/Not Applicable !!!						

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3.4.6 – h-Index of the Institutional Publications during the year. (based on Scopus/ Web of science)

Title of the Paper	Name of Author	Title of journal	Year of publication	h-index	Number of citations excluding self citation	Institutional affiliation as mentioned in the publication
No Data Entered/Not Applicable !!!						
View File						

3.4.7 – Faculty participation in Seminars/Conferences and Symposia during the year

Number of Faculty	International	National	State	Local
Attended/Seminars/Workshops	12	38	1	3
Presented papers	30	30	2	0
Resource persons	11	10	12	8
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3.5 – Consultancy

3.5.1 – Revenue generated from Consultancy during the year

Name of the Consultan(s) department	Name of consultancy project	Consulting/Sponsoring Agency	Revenue generated (amount in rupees)
CoE, MTWU	TNCWWB Data Entry operator examination	Tamilnadu Construction workers welfare board, Chennai 2019	3857715
CoE, MTWU	TNCWWB Junior Assistant Examination	Tamilnadu Construction workers welfare board, Chennai 2019	11874399
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3.5.2 – Revenue generated from Corporate Training by the institution during the year

Name of the Consultan(s) department	Title of the programme	Agency seeking / training	Revenue generated (amount in rupees)	Number of trainees
No Data Entered/Not Applicable !!!				
View File				

3.6 – Extension Activities

3.6.1 – Number of extension and outreach programmes conducted in collaboration with industry, community and Non- Government Organisations through NSS/NCC/Red cross/Youth Red Cross (YRC) etc., during the year

Title of the activities	Organising unit/agency/ collaborating agency	Number of teachers participated in such activities	Number of students participated in such activities
No Data Entered/Not Applicable !!!			
View File			

3.6.2 – Awards and recognition received for extension activities from Government and other recognized bodies during the year

Name of the activity	Award/Recognition	Awarding Bodies	Number of students Benefited
Blood Donation Camp	Appreciation	Tamilnadu State AIDS control Society Tamilnadu State Blood Transfusion Council	0
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3.6.3 – Students participating in extension activities with Government Organisations, Non-Government Organisations and programmes such as Swachh Bharat, Aids Awareness, Gender Issue, etc. during the year

Name of the scheme	Organising unit/Agency/collaborating agency	Name of the activity	Number of teachers participated in such activities	Number of students participated in such activities
No Data Entered/Not Applicable !!!				
View File				

3.7 – Collaborations

3.7.1 – Number of Collaborative activities for research, faculty exchange, student exchange during the year

Nature of activity	Participant	Source of financial support	Duration
No Data Entered/Not Applicable !!!			
View File			

3.7.2 – Linkages with institutions/industries for internship, on-the- job training, project work, sharing of research facilities etc. during the year

Nature of linkage	Title of the linkage	Name of the partnering institution/ industry /research lab with contact details	Duration From	Duration To	Participant
No Data Entered/Not Applicable !!!					
View File					

3.7.3 – MoUs signed with institutions of national, international importance, other universities, industries, corporate houses etc. during the year

Organisation	Date of MoU signed	Purpose/Activities	Number of students/teachers participated under MoUs
No Data Entered/Not Applicable !!!			
View File			

CRITERION IV – INFRASTRUCTURE AND LEARNING RESOURCES

4.1 – Physical Facilities

4.1.1 – Budget allocation, excluding salary for infrastructure augmentation during the year

Budget allocated for infrastructure augmentation	Budget utilized for infrastructure development
111.94	111.94

4.1.2 – Details of augmentation in infrastructure facilities during the year

Facilities	Existing or Newly Added
No Data Entered/Not Applicable !!!	
View File	

4.2 – Library as a Learning Resource

4.2.1 – Library is automated {Integrated Library Management System (ILMS)}

Name of the ILMS software	Nature of automation (fully or partially)	Version	Year of automation
KOHA	Partially	-	2020

4.2.2 – Library Services

Library Service Type	Existing	Newly Added	Total
No Data Entered/Not Applicable !!!			
View File			

4.2.3 – E-content developed by teachers such as: e-PG- Pathshala, CEC (under e-PG- Pathshala CEC (Under Graduate) SWAYAM other MOOCs platform NPTEL/NMEICT/any other Government initiatives & institutional (Learning Management System (LMS) etc

Name of the Teacher	Name of the Module	Platform on which module is developed	Date of launching e-content
No Data Entered/Not Applicable !!!			
View File			

4.3 – IT Infrastructure

4.3.1 – Technology Upgradation (overall)

Type	Total Computers	Computer Lab	Internet	Browsing centers	Computer Centers	Office	Departments	Available Bandwidth (MBPS/ GBPS)	Others
Existing	280	10	280	1	2	76	228	1	0
Added	61	0	61	0	0	0	0	0	0
Total	341	10	341	1	2	76	228	1	0

4.3.2 – Bandwidth available of internet connection in the Institution (Leased line)

1 MBPS/ GBPS

4.3.3 – Facility for e-content

Name of the e-content development facility	Provide the link of the videos and media centre and recording facility
SAINT TERESA STUDIO	https://www.motherteresawomenuniv.ac.in/academic/Vis%20Com/Facilities%20for%20e-content.pdf

4.4 – Maintenance of Campus Infrastructure

4.4.1 – Expenditure incurred on maintenance of physical facilities and academic support facilities, excluding salary component, during the year

Assigned Budget on academic facilities	Expenditure incurred on maintenance of academic	Assigned budget on physical facilities	Expenditure incurred on maintenance of physical
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	facilities		facilites
273.41	273.41	91.58	91.58

4.4.2 – Procedures and policies for maintaining and utilizing physical, academic and support facilities - laboratory, library, sports complex, computers, classrooms etc. (maximum 500 words) (information to be available in institutional Website, provide link)

Responsibility: The University's Infrastructure Utilization and Maintenance Committee, comprising the Vice Chancellor as the Chairperson Registrar, 3 Teaching Professionals, and 2 Administrative Professionals as the members frames the Infrastructure Maintenance and Utilization Policy as per which the Responsibility for maintenance and upkeep of any physical, academic and support facilities- IT, laboratory, library, sports complex, computers, classrooms etc, rests with Section/Department as follows: Building and Maintenance Section for realty properties, plumbing, and electrical work, drivers and conductors for transports, and the Principal Investigator/Head/Director/Coordinator/Deputy Librarian for equipment in Departments/Laboratories/Research/Project Centres, Cells/Clubs/Library as the case may be. Maintenance Policy • Besides Periodic maintenance, Preventive and Breakdown Maintenance are carried out as and when required for effective utilization of Infrastructure. Annual maintenance (AMC) is provided for costly equipment in the laboratories. Repair and Replacements for electronics, electrical equipment, computers, and furniture, are done periodically. Periodic Maintenance: Periodic Maintenance of the facilities/equipment as per the schedule is carefully executed by the persons laden with responsibility of the work. The University's electric equipment and electronic gadgets, buildings, gardening, water bodies, transports gymnasium/sport/games equipment etc. is done with due proceedings. Break-down Maintenance: For the break-down of any asset/property/facility/equipment which, needs urgent repair, the Institution attends to it immediately for the uninterrupted flow of work. Facilities such as furniture, water-systems, electric system, IT infrastructure like CCTV, biometric devices, Wi-Fi, Website, Vehicles, public Address System lab equipment come under the Break-down Maintenance System. For the break-down of any Electronic gadget, or any equipment with warranty periods, the suppliers/their agencies are instantly contacted for the restoration of work through repair/replacement as per the requirement. AMC Policy: The Institution's lab equipment and other High Value items are maintained by the respective suppliers as per the AMC Policy (Free of cost for the first 3-5 years). Whitewashing the buildings and other cleaning works are done through AMC Policy. Utilization Policy The Institution mandates and ensures optimum utilization of any facility but for the gadgets/equipment/systems which need cooling/recovery time/rest. Stock Registers: All Departments/Sections must maintain stock registers which are updated with every new purchase or condemnation. The University mandates and ensures Annual Stock Verification by the persons assigned with that duty which is duly recorded in the respective department/section as well as in Building and Maintenance Section. Condemned items are to be reported in writing to the Purchase Section for necessary action. University Library: Library must maintain the Accession register Circulation Register, Fine Register, Journals, News Papers, Periodicals, and Magazines separately. Gate entry, Missing Books, Outward and Inward (PR), No Dues, Book Binding, E- Journal usage statistics Report, and OPAC must be maintained and verified by the Deputy Librarian. Book bindings are to be done when there is necessity. Stock verification is done once in four years (General Financial Rule 194). Optimum utilization of Library resources by the staff and students is mandated by the University. Reviews: The Vice Chancellor and the Registrar with Executive Council Members do periodic review and decide upon enhancement.

<https://www.motherteresawomenuniv.ac.in/IQAC/Infrastructure%20Policy.pdf>

CRITERION V – STUDENT SUPPORT AND PROGRESSION

5.1 – Student Support

5.1.1 – Scholarships and Financial Support

Name/Title of the scheme	Number of students	Amount in Rupees
No Data Entered/Not Applicable !!!		
View File		

5.1.2 – Number of capability enhancement and development schemes such as Soft skill development, Remedial coaching, Language lab, Bridge courses, Yoga, Meditation, Personal Counselling and Mentoring etc.,

Name of the capability enhancement scheme	Date of implementation	Number of students enrolled	Agencies involved
No Data Entered/Not Applicable !!!			
View File			

5.1.3 – Students benefited by guidance for competitive examinations and career counselling offered by the institution during the year

Year	Name of the scheme	Number of benefited students for competitive examination	Number of benefited students by career counseling activities	Number of students who have passed in the comp. exam	Number of students placed
No Data Entered/Not Applicable !!!					
View File					

5.1.4 – Institutional mechanism for transparency, timely redressal of student grievances, Prevention of sexual harassment and ragging cases during the year

Total grievances received	Number of grievances redressed	Avg. number of days for grievance redressal
26	10	30

5.2 – Student Progression

5.2.1 – Details of campus placement during the year

On campus			Off campus		
Name of organizations visited	Number of students participated	Number of students placed	Name of organizations visited	Number of students participated	Number of students placed
No Data Entered/Not Applicable !!!					
View File					

5.2.2 – Student progression to higher education in percentage during the year

Year	Number of students enrolling into higher education	Programme graduated from	Department graduated from	Name of institution joined	Name of programme admitted to
No Data Entered/Not Applicable !!!					
View File					

5.2.3 – Students qualifying in state/ national/ international level examinations during the year (eg: NET/SET/SLET/GATE/GMAT/CAT/GRE/TOFEL/Civil Services/State Government Services)

Items	Number of students selected/ qualifying
Any Other	1
No file uploaded.	

5.2.4 – Sports and cultural activities / competitions organised at the institution level during the year

Activity	Level	Number of Participants
No Data Entered/Not Applicable !!!		
View File		

5.3 – Student Participation and Activities

5.3.1 – Number of awards/medals for outstanding performance in sports/cultural activities at national/international level (award for a team event should be counted as one)

Year	Name of the award/medal	National/ Internaional	Number of awards for Sports	Number of awards for Cultural	Student ID number	Name of the student
No Data Entered/Not Applicable !!!						
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5.3.2 – Activity of Student Council & representation of students on academic & administrative bodies/committees of the institution (maximum 500 words)

Constitution of Student Council: The Students' Council is constituted every year following standard procedure: The President, General Secretary, and 3 EC members are elected from the nominees proposed, seconded, and voted by the students in the presence of honorable Vice Chancellor, Registrar, Controller of Examinations, Deans, Heads and other teaching and governing bodies. Two students from each department are nominated as the other office bearers of the student council among whom the student-coordinators for various clubs and cells are nominated. All other students are Council Members. The Council is officially inaugurated by the honourable Vice Chancellor and the Registrar and the elected President, General Secretary, the EC Members, and other Office Bearers' are introduced along with the responsibilities assigned to them. The Student Council Office Bearers are given key roles in various academic and administrative bodies like Board of Studies, IQAC, Sports Committee, RRC, YRC, Cultural Cub, Hostel Management Committee, Infrastructure Maintenance Committee etc. After the constitution of Student Council, Regional Rotaract Club imparts leadership skill and commitment to social service through Rotary Ryla to the Student Council Office Bearers. • The Student Council takes initiative in organising and celebrating all national/international events, festivals and commemoration of birth and death anniversary of leaders. • During conferences, the council assists the departments in various ways like compering, taking photos and videos, taking care of hospitality, welcoming the guests etc. • The Council participates in the university's public affairs like coordinating with the media, the community, the local governing bodies and in lobbying for students' admissions. • The Student Council promotes the university's mission and vision amidst public. • The Student Council is given a key role in infrastructure maintenance and safety and security measurements. • The students are given representation in Anti Ragging Cell, Students-Grievance Redress Cell, and Anti-Sexual Abuses Cell and strive for the welfare of their fellow mates. • The student-representatives are given freedom in organizing field trips, inter/intra departmental/university sports/games tournaments and other cocurricular competitions. • The representatives play key role in their respective department's efforts to mitigate their peer groups' grievances and any psychological issues which hinder their academic endeavours. • The Council plays a dynamic role in the Institution's Civic Engagement and Empowerment

Programs: ? Community services such as awareness camps, blood/organ donation camps in collaboration with various Governmental, Non-Governmental and Private Organizations. ? Providing diet counselling and health tips to vulnerable groups such as school children, adolescent girls, and elderly of the society. ? Sensitizing on the importance of organic farming, environmental consciousness. ? Imparting basic language and arithmetic skills to local government school children etc. Members of WAV (Women Against Violence) club help the Department of Women' Studies in sensitizing rural school children and rural women and destitute on sexual abuses, human/women's rights and women empowerment. Overall, the Student Council is the real backbone for the institutional growth and development.

5.4 – Alumni Engagement

5.4.1 – Whether the institution has registered Alumni Association?

Yes

The contribution of Alumni Association to the institution Response: • The Alumni Association is registered as Mother Teresa Women's University Alumni Association (MTWUAA), Kodiakanal. New office bearers are selected every year and they are motivated to contribute academically or in any other form to the development of the university in organizing national and international seminars or conferences besides contributing to the infrastructural development. • The opinion and academic experiences of prominent alumni have been recorded. The alumnae meetings have been documented through the minutes of the meetings. • Few of their suggestions are: to invest more on equipment, to conduct more FDP programs, to enhance Library Digital Initiatives, to publish more papers and articles and send a copy of it to Alumnae office via mail, to register the Email Ids of alumnae, and to invite the Alumnae to attend the function and activities conducted by the university. Most of them are implemented. • University has taken action based on the analysis of the feedback from Alumnae like library renovation, provision of hostels to accommodate them when they visit the university. They have suggested for better WiFi connectivity, separate NKN Lab and digital services, creation of Alumni profile with their address, mobile numbers and e-mails. Alumnae students are encouraged to take demonstration classes to the student. • The University's Board of Studies has an alumni representation. • The Alumnae act as resource persons in the national / international seminars/ organized by the university. MTWU's Prominent Alumnae ? Dr YasodhaShanmugasundaram, former Vice Chancellor of MTWU ? MahanadhiShobana, renowned Carnatic singer ? Dr. Rajashri, Prof. of Music, Madras University ? Dr. Saroja Prabakaran, former Vice Chancellor, Avinashilingam Deemed University, Coimbatore, ? Dr. Susila James, former Vice Chancellor, Thiruvalluvar University, Vellore ? Dr. Nirmala Rani, Professor and Head, Department of Tamil and Indian Languages, GRI-Deemed University are the proud feathers of MTWU.

5.4.2 – No. of registered Alumni:

570

5.4.3 – Alumni contribution during the year (in Rupees) :

1498757

5.4.4 – Meetings/activities organized by Alumni Association :

2

CRITERION VI – GOVERNANCE, LEADERSHIP AND MANAGEMENT

6.1 – Institutional Vision and Leadership

6.1.1 – Mention two practices of decentralization and participative management during the last year (maximum 500 words)

Decentralization Initiatives • The University practices decentralized management. The university has is located at Kodaikanal, having research and extension centres in four locations, each focusing on thrust areas. . The departments are the main focus for academics. The Research and Extension Centre, Chennai focuses on Media studies. The Research and Extension Centre at Coimbatore focuses on Textiles and Clothing. The Pallapatti campus concentrates on women’s studies. These centres are guided by the Deans and the Centre coordinators. • The Deans also guide the academic heads of the departments. The head of departments monitors the day to day activities of the department. The Faculty members take decision regarding revision of the syllabus, the course work content and the method of evaluation for the continuous internal assessments. The Board of Studies, consisting of the Head of the Department, the faculty members, experts from other Universities, experts from industry and alumni decide on the course content and approval is obtained from the Academic Council members. • Faculty members are coordinators and members of various cells / committees, and focus on co-curricular and extracurricular activities. Other units of the University like sports, library, Purchase etc. have operational autonomy under the guidance of the Registrar and various committees/cells. Students are empowered to play active roles as coordinators of co-curricular and extracurricular activities and social service activities. Participation of the teachers in the decision making bodies of the university Decision making Bodies of the university are Executive Committee, Academic Committee, Finance committee, Purchase committee, Planning Board, and Building Committee with representations from the academic staff of the university.

Academic Governance • All academic matters are decided by the Academic committee. It consists of all the Heads as ex-officio members and three academic staff nominated by the Vice chancellor on rotation basis and also women academicians from other institutions. Approving revised curriculum, new courses, Annual work done report and AQAR are AC’s major responsibilities. Each department has Board of Studies in which faculty, students and alumni are active members. • Teachers play prominent role in updating the syllabus once in three years for the overall intellectual development and employability skill of the students. Research Advisory Committee consisting teachers frames research policy. • The University encourages the faculty to take up managerial roles like Coordinators, Deans, Directors and Representatives and includes them in all decision making frameworks. Administrative governance • Teachers are nominated on rotation basis as the members of the Executive Council that regulates and determines all matters pertaining to University’s Act. It meets once in every three months. It controls and administers the properties and funds of the university. It confers degrees, diplomas and other distinctions on eligible persons. • Teachers are included in Finance Committee also that examines the accounts and scrutinizes proposal for expenditure. It reviews the financial position of the university from time to time and makes recommendation to the Executive Council on every proposal involving expenditure and investment.

6.1.2 – Does the institution have a Management Information System (MIS)?

Yes

6.2 – Strategy Development and Deployment

6.2.1 – Quality improvement strategies adopted by the institution for each of the following (with in 100 words each):

Strategy Type	Details
Curriculum Development	• Broad-based, outcome-oriented, holistic, and futuristic curriculum has

been designed • Curriculum has well-stated Program Outcomes, Program Specific Outcomes, Course Objectives and Objectives • Designed with academic flexibility to meet student-diversity • Traditional concepts and the cross-cutting issues such as gender equity, environmental ethics, human values and professional ethics are embedded • Curriculum has been designed to fulfil the local, regional, national and international needs • Revised syllabi as per TANSCHÉ and UGC guidelines have been framed • Enriched with the innovative inputs from the Academic / Industry experts and alumni • Value added Programs are offered • Courses on entrepreneurship skills and communication skills.

Teaching and Learning

i. ICT based teaching is followed ii. E-Contents and video lectures are provided iii. Teaching caters to the needs of students' diversity like late bloomers and advanced learners iv. Remedial teaching and peer group teaching are in vogue v. Students are encouraged to enroll in different MOOC, SWAYAM and NPTEL platforms. vi. Experiential and Participative learnings are prioritized vii. Guest lectures by industry experts viii. Departments adopt various teaching strategies like Lecture method, lecture cum demonstration method, experimental learning, project method, case study method etc.,

Examination and Evaluation

Bloom's Taxonomy is keenly adopted for Internal and End Semester Examinations (i) The students pay their examination fees through online mode. (ii) Continuous Internal Assessment is done (iii) Central valuation is followed. (iv) Results are published within two weeks of writing the examination (v) Instant Examination is conducted for final year students. (vi) Passing board has been conducted by university during every semester with the Heads of the Departments.

Research and Development

(i) Well stated Research Policy is adhered. (ii) Ph.D candidates are selected through entrance examinations. (iii) Research ethics are included in the Research Methodology course work (iv) RAC meetings with candidate, guide, experts and HoD are periodically conducted to ensure the candidates'

progress. (v) Annual work done report has to be submitted to the Research Dean. (vi) Plagiarism Checker is installed in the Research Center. (vii) Pre-Ph.D. viva presentations are conducted. (viii) Publication of 2 research articles in UGC CARE approved journals with presentation of two papers in Seminars/ Conference is mandated.

Library, ICT and Physical Infrastructure / Instrumentation

i. The University library is spacious and digitalized. ii. Furnished with Seminar Hall of 200 seats, Reading Hall of 100 seats, Periodical room, ETD lab, Print theses and dissertation section, Reprographic room, 2NKN Labs with 36 systems and 1gbps Wi-Fi enabled with OPAC facility. iii. Special facilities for physically challenged persons iv. Adequate number of classrooms and Conference Halls with ICT facility v. ICT enabled classrooms vi. Well equipped State of Art research laboratories vii. Separate computer lab for each department. viii. Foreign Language Lab and Media Lab ix. Indoor and outdoor stadiums with Rs. 25 Lakhs worth equipment, Yoga centers, and gymnasiums with Rs. 15,50,000 worth equipment.

Human Resource Management

The University's human resource consists of 55 teaching and -----non-teaching staff who are effectively utilized for various academic and administrative purposes The Institution organizes several workshops and training programs for updating their knowledge Encouraged to attend national /international conferences/seminars/workshops Yoga and fitness classes are mandated for the staff after 4.30 pm Stress management programs are conducted periodically The University's Health Centre makes routine health check ups Transport facility with speedometer is provided Winter allowance and Hill allowances are provided Awareness programmes pertaining to health and gender equity are also conducted

Industry Interaction / Collaboration

i. Industrial visits and internship programmes are mandatory for the PG students ii. MoUs signed with industries for training, internships, and projects iii. Experts from industries are invited as resource persons and, included in Board of

	Studies for curriculum development iv. Placement Drives are conducted in collaboration with reputed industries
Admission of Students	i. Online / Offline admission are followed. ii. Entrance exams are conducted for a few courses like MBA,, MCA., M. Phil., and Ph.D.Programs iii. Admission is processed as per govt of TN norms. iv. Two week Induction Program is conducted within a week of students' admission v. Basic skill development practice is given during the Induction Program

6.2.2 – Implementation of e-governance in areas of operations:

E-governance area	Details
Planning and Development	Through its perspective plans the University has Established a spacious and digitalized Central Library Generated fund through CSR Grants Conducted a greater number of seminars/conferences and workshops Ventured into Industrial collaborations Signed MoUs with international Institutions and Industries Has implemented e-governance scheme Introduced Integrated Programs in Commerce, Biotechnology and Computer Science The University also has set a Road Map with plans of different times for Creating an Entrepreneurial Hub, High end smart classrooms, University database Centre, and for raising its revenue generation from Consultancy and for providing residential facility for faculty and research scholars.
Administration	? Decentralized and Participative Administration is in practice. ? Governance is Goal Oriented, Transparent and Resource Rationalized ? Under the Chancellorship of honorable Governor of the State of Tamil Nadu, Honorable Vice Chancellor, Registrar, Controller of Examinations, Finance Officer, Deans, Heads and Faculties play key roles in realizing the University's vision and mission. ? Various governing bodies like Executive Council, Finance Committee, Planning Board govern the academic and administrative affairs. ? e-governance is in effective implementation. ? All academic and administrative details are digitalized.
Finance and Accounts	• The University's three major sources of funds are General Funds, Earmarked

Fund and Plan Fund which are maintained in separate accounts • Alumni contributions are maintained in separate account. • Funds are also mobilized through funded projects, registration fee for participation in seminars/workshops/conferences etc. • The Finance Committee under the Chairmanship of the honorable Vice Chancellor, and the guidance of Registrar and the Finance Officer makes annual budgetary plans, examines the accounts, scrutinizes the proposals for expenditure/investments and makes recommendations to the Executive Council on financial estimates. • Periodical Auditing is conducted

Student Admission and Support

? Students admission is made as per the UGC guidelines and the govt of Tamil Nadu ? Students Council functions effectively by playing key roles in academic and administrative aspects ? Students Support Systems such as Anti Ragging Committee, Anti Sexual Harassment Committee, Guidance and Counseling Cell, Grievance Redressal Cell, Placement Cell, Health Centre, Yoga Centre etc., help the students grow confidently as sustainable citizens physically and mentally. ? Special provisions have been arranged to facilitate the Physically Challenged Learners.

Examination

? Dissemination of information related to Examinations Procedures like, issue and submission of application forms, release of exam schedules, fee particulars, payment details remittance of fee have been digitalized. ? Continuous Internal Assessment for 25 marks and End-Semester for 75 marks ? Transparency is strictly adhered in the release of results and marks ? Knowledge, skill, outcome, and participation-based assessment along with along with conceptual clarity are tested ? Provision of the photocopy of the answer scripts at the request of the graduates in case of any discrepancy in the scores. ? Provision of photocopy of the answer scripts, revaluation and re-totalling facilities ensure justice to the examinees.

6.3 – Faculty Empowerment Strategies

6.3.1 – Teachers provided with financial support to attend conferences / workshops and towards membership fee of professional bodies during the year

Year	Name of Teacher	Name of conference/ workshop attended for which financial support provided	Name of the professional body for which membership fee is provided	Amount of support
No Data Entered/Not Applicable !!!				
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6.3.2 – Number of professional development / administrative training programmes organized by the University for teaching and non teaching staff during the year

Year	Title of the professional development programme organised for teaching staff	Title of the administrative training programme organised for non-teaching staff	From date	To Date	Number of participants (Teaching staff)	Number of participants (non-teaching staff)
No Data Entered/Not Applicable !!!						
View File						

6.3.3 – No. of teachers attending professional development programmes, viz., Orientation Programme, Refresher Course, Short Term Course, Faculty Development Programmes during the year

Title of the professional development programme	Number of teachers who attended	From Date	To date	Duration
No Data Entered/Not Applicable !!!				
View File				

6.3.4 – Faculty and Staff recruitment (no. for permanent recruitment):

Teaching		Non-teaching	
Permanent	Full Time	Permanent	Full Time
0	1	0	0

6.3.5 – Welfare schemes for

Teaching	Non-teaching	Students
<p>1. Pension schemes for employees who joined before 2003</p> <p>2. Contributory pension scheme for employees who joined after 2003</p> <p>3. Teaching staff are provided with study leave for higher education and deputation for attending workshops and conferences.</p> <p>4. Gratuity</p> <p>5. Hill Allowance</p> <p>6. Winter Allowance</p> <p>7. Group insurance Scheme</p> <p>8. Festival advance</p> <p>9. Health insurance</p> <p>10. Family benefit scheme</p> <p>11.</p>	<p>1. Pension schemes for employees who joined before 2003</p> <p>2. Contributory pension scheme for employees who joined after 2003</p> <p>3. Teaching staff are provided with study leave for higher education and deputation for attending workshops and conferences.</p> <p>4. Gratuity</p> <p>5. Hill Allowance</p> <p>6. Winter Allowance</p> <p>7. Group insurance Scheme</p> <p>8. Festival advance</p> <p>9. Health insurance</p> <p>10. Family benefit scheme</p> <p>11.</p>	<p>1. Scholarships</p> <p>2. Internet facilities with 1 GBPS connectivity</p> <p>3. Transport facility</p> <p>4. Gym room</p> <p>5. Yoga</p> <p>6. Sports</p> <p>7. Library</p> <p>8. Medical facilities and sick room</p> <p>9. Free hostel for the economically backward students</p>

Maternity leave 12.
Sabbatical leave 13.
Earned leave encashment
14. Canteen facilities
15. Bus services

Maternity leave 12.
Sabbatical leave 13.
Earned leave encashment
14. Canteen facilities
15. Bus services 16.
Concession in the timings
for the disabled 17.
Uniform and washing
allowance for drivers 18.
Facility to obtain
Personal loan through
cooperative bank 19. Warm
cloth Allowance 20.
Periodic health check up
21. Yoga for all 22. Cash
award for completing 25
years of service 23. Room
heaters

6.4 – Financial Management and Resource Mobilization

6.4.1 – Institution conducts internal and external financial audits regularly (with in 100 words each)

Every year the statements of annual accounts are prepared and submitted to Local Fund Audit before 30th June. The Local Fund Audit scrutinizes the annual accounts and provides the Audit report. The local fund audit report is submitted at the Finance Committee / Executive Committee meeting. An audit section is functioning in Mother Teresa Women's University campus

6.4.2 – Funds / Grants received from management, non-government bodies, individuals, philanthropies during the year(not covered in Criterion III)

Name of the non government funding agencies /individuals	Funds/ Grnats received in Rs.	Purpose
Nil	0	NA
No file uploaded.		

6.4.3 – Total corpus fund generated

0

6.5 – Internal Quality Assurance System

6.5.1 – Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic	Yes		Yes	Registrar
Administrative	Yes		Yes	Registrar

6.5.2 – What efforts are made by the University to promote autonomy in the affiliated/constituent colleges? (if applicable)

Not Applicable

6.5.3 – Activities and support from the Parent – Teacher Association (at least three)

1. Department of English and Foreign Languages – Parent Teachers meeting on 6.12 . 2019
2. Department of Physics, Bio technology conducted Parent Teachers Meeting on 6.1.2020
3. Department of Management Studies conducted Parent Teachers meeting on 21.2.2020

6.5.4 – Development programmes for support staff (at least three)

1. "NAAC Orientation" conducted on 10.2.20, at 10.00 AM. 2. "File Maintenance" conducted on 11.3.2020 3. " Stress Management" conducted on 1.8.2019

6.5.5 – Post Accreditation initiative(s) (mention at least three)

1. Curriculum Aspects: Curriculum has been redesigned as outcome oriented, futuristic and broad based and Syllabi have been revised with POs, PSOs and COs Question papers have been modelled on Bloom's Taxonomy. Video lectures and e-contents were prepared and a repository of the same is maintained. 2. Research, Innovation and Extension Course work for Ph.D. scholars has been mandated Initiatives have been taken for signing MoUs with foreign universities More than 100 Extension initiatives have been taken up by the university. 3. Infrastructure and Learning Resources All class room have been ICT enabled. Digitalized Central Library has been established with 24x7 Wi-Fi, OPAC, 2 NKN Labs, ETD Lab and with special provisions for physically challenged candidates. 853 Ph.D. theses have been uploaded in Shodhganga. Through constant efforts MTWU has been acknowledged as the member of Tamil Nadu Digital Library (TNLB)

6.5.6 – Internal Quality Assurance System Details

a) Submission of Data for AISHE portal	Yes
b) Participation in NIRF	No
c) ISO certification	No
d) NBA or any other quality audit	No

6.5.7 – Number of Quality Initiatives undertaken during the year

Year	Name of quality initiative by IQAC	Date of conducting IQAC	Duration From	Duration To	Number of participants
No Data Entered/Not Applicable !!!					
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CRITERION VII – INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 – Institutional Values and Social Responsibilities

7.1.1 – Gender Equity (Number of gender equity promotion programmes organized by the institution during the year)

Title of the programme	Period from	Period To	Number of Participants	
			Female	Male
Workshop on "Girl Sexual Abuse and Techniques to Overcome Sexual Harassment "	23/07/2019	23/07/2019	100	0
Workshop on "Gender Sensitization :Towards Equality"	16/08/2019	16/08/2019	37	0
Awareness Programme on "Gender Issues	03/09/2019	03/09/2019	104	0

of Health and menstrual Hygiene "				
International Seminar on "Women Issues and Solutions in the Digital Era"	20/09/2019	20/09/2019	280	0
Awareness Programme on "Women and Legal Rights"	22/10/2019	22/10/2019	32	0
Conference on "Access to Justice: children, Women, Minorities, Dalit and unorganized Workers"	10/10/2019	10/10/2019	120	0
Roundtable Seminar on "District Level Public Dialogue on Child Trafficking and Marriage"	07/11/2019	07/11/2019	40	0
Awareness Programme on "Beti Bacho Beti Padho- (With TNWD Corporation)"	14/11/2019	14/11/2019	110	0
Awareness Programme on "Elimination of Violence Against Women"	25/11/2019	25/11/2019	39	0
Seminar on "Promoting Gender Equality to prevent Gender Based violence"	06/12/2019	06/12/2019	43	0
Seminar on "Promoting Gender Equality to prevent Gender Based violence"	16/12/2019	17/12/2019	283	0
One day Workshop on	22/01/2020	22/01/2020	125	0

No Data Entered/Not Applicable !!!

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7.1.5 – Human Values and Professional Ethics Code of conduct (handbooks) for various stakeholders

Title	Date of publication	Follow up(max 100 words)
No Data Entered/Not Applicable !!!		

7.1.6 – Activities conducted for promotion of universal Values and Ethics

Activity	Duration From	Duration To	Number of participants
No Data Entered/Not Applicable !!!			
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7.1.7 – Initiatives taken by the institution to make the campus eco-friendly (at least five)

- Alternative energy resources: Solar energy panels are installed in the Hostel. Conventional light sources are replaced by LED bulbs. Green computing practices are in vogue.
- Public transport system Vehicle pooling is practiced by staff members.
- Plastic Free campus: Plastics are replaced with cloth/jute bags, paper/stainless cups. Liter free zone is rung in through NSS, Swachh Bharat Reduce, Recycle and Reuse Policy: Minimizing paper usage through e-governance
- Tree Plantations: A total of 500 tree saplings were planted in the campus by the Green Cell and Environmental Conservation Cell in association with Hindustan Unilever Ltd. , Kodaikanal.

7.2 – Best Practices

7.2.1 – Describe at least two institutional best practices

Best Practice 1 Title of the practice: Yoga for Every One A nation with citizens of energetic body, eminent mind and lofty soul can sustain itself in the global race. Yoga, an invaluable gift of India means "to unite and to live a healthy life. In Yoga the mind is disciplined through meditation, the whole nervous system gets purified, and thus body is aligned and strengthened. So, MTWU has acknowledged Yoga for Every One as its maxim for creating a healthy society and thus it has been marked as its Best Practice. Objectives of the practice: By practicing Yoga for Every One, MTWU has the following objectives to be attained: 1. Improving the life style of youth and adults 2. Energizing and harmonizing the mind and body 3. Increasing the flexibility, muscle strength and tone 4. Improving respiration and vitality 5. Creating a holistic and more productive work environment 6. Augmenting emotional stability and high level of consciousness 7. Creating physically, mentally and intellectually strong human resource. 8. Reducing death rate due to cardio vascular arrest. 9. Lessening health issues like arthritis, insomnia etc. 10. Making India the fittest and the most sustainable country in Global context. The Context • According to the recent report of WHO, 61 of all deaths in India every year are due to non-communicable diseases like cardiovascular diseases, cancer, diabetes, chronic respiratory diseases. • A recent study among 15 – 24 years in the state of Himachal Pradesh has revealed that adolescents suffer from a wide range of mental health issues like depression, anxiety, and develop addiction to tobacco, alcohol, and suicidal ideation. • The UN declared June 21, as the International Day of Yoga based on Indian Prime Minister Narendra Modi's proposal which was endorsed by 175 countries in order to foster good health and increase productivity. • The American Academy of Pediatrics recommends yoga as a potentially effective therapy for coping with emotional, mental, physical, and behavioral health conditions. In lieu of such uniqueness and importance of Yoga, MTWU has absorbed Yoga for Every One scheme to build a strong nation. The Practice • For all students Yoga session has been incorporated in the department wise time table. The students are engaged as per their time-table

and practiced on Asanas, Breathing Exercises and meditation. • Teaching and non teaching staff are engaged during 4.40 to 5 pm on alternative working days. • Exclusive Programs on Yoga such for as "Diploma in Yoga for Human Excellence" and one week Certificate Program on Yoga through International Common Wealth Centre are being offered. • Awareness programs on Yoga and Yoga practice sessions are given for school children, public men and women. • The following yogasanas are being practiced: ? EKA PADA ASANAM to improve concentration and cure arthritis, nervous weakness etc.. ? VAJRASANAM to improve digestive functions, cure knee pain, strengthen hip, knees, calves, backbone etc.. ? YOGAMUDRA to cure menstrual problems, jaundice, activate liver and spleen, and reduce weight. ? BHUJANGASANAM to cure spondylitis, strengthen the liver and chest organs. ? DHANURASANAM to relax the backbone making it flexible, to cure menstrual problems, neck pain, hip pain and stomach disorders to strengthen abdominal muscles, vertebral column. ? PAVANA MUKTHASANA to cure menstrual problems, heart problems and other problems on account of excessive body heat.

Evidence of Success The beneficiaries' feedbacks indicate that 1. A stress free work environment has been created. 2. Concentration and the output of students and staff have been considerably increased. 3. The beneficiaries have requested to continue the practice. 4. 100 students and staff, 23 foreign tourists have been benefitted out of the one week Certificate Program. 5. So far, 427 students have successfully completed Diploma in Yoga for Human Excellence Program. Best Practice : 2 Title of the practice: Village Adoption/Village Development Scheme Mahatma Gandhi, was probably the first among our leaders to promote rural development in India. On March 30, 1946 at the Prayer meeting at Urulikanchan before leaving for Delhi for final negotiation with the British, Gandhiji reiterated that we cannot retain power in Delhi without developing rural India. His concept of rural development meant self-reliance with least dependence on outsiders. Multidimensional development of a particular village is not possible within a day or two. It needs peoples participation and also attitudinal changes among the villagers. Higher educational Institutions are the best channels to aid the Government in development of Villages. Hence, MTWU has VILLAGE ADOPTION as one of its BEST PRACTICES. Objectives of the practice: The key target of Village Development Scheme is to build up the chose towns in an incorporated way in horticulture, instruction, Health and cleanliness, natural viewpoints, financial development, business improvement, relating to services, for example, 1. Promoting good agricultural practices by providing access and training programs to farmers 2. Organizing resources by providing vital linkages, micro credits, Govt. policies 3. Identifying capacity building needs of the people in villages. 4. Assisting in infrastructure development in the village through participation of people / local institutions. 5. Protecting forests and preserve the village eco-system and conserve soil health and other natural resources. 6. Providing services with regard to Health Hygiene through medical camps awareness programmes 7. Creation of sustainable livelihood opportunities 8. Making the adopted village a "knowledge hub" that can attract resources for the development of other villages in its vicinity. 9. Entrepreneurship Development 10. Helping in water and sanitation measures

The Context A majority of the villages in the nation despite everything face imperatives, for example, admittance to training, wellbeing offices, drinking water, power, streets, credit, data and market. Against this foundation, selection of particularly towns in reverse areas through arrangement of town advancement plans would go far in guaranteeing comprehensive and coordinated improvement of the towns concerned. it will likewise enable the staff for better preparing, examining and researching, and in this way rustic turn of events. Greatest understudies admitted to our University are from close by towns as it were. They are the first generation of their families who took instruction and attempt to finish their graduation and post-graduation. Their Parents and Guardians are unskilled ranchers, works, working at ranch somewhere else. Thus, they are experiencing numerous instructive issues. As these

villages are close by to MTWU and furthermore they fit in the previously mentioned measures for the choice of town for Village Adoption Scheme, Consequently, to make them mindful about the issues MTWU has embraced previously these towns. The Practice (400 words) Adoption of five villages under Unnat Bhat Abiyan Scheme: Five villages in and around Kodaikanal namely Poondi, Mannvanur, Adukkam, Vilpatti and Pannaikadu have been adopted by the Department of Education, under the Central Government Scheme of Unnat Bharat Abiyan. The services provided under this scheme include ? Entrepreneurial training to women ? Assistance to school teachers in providing quality education from 6th to 12th standard etc. ? Identification of the major problems of the village people and measures to rectify them. ? The livelihood and education of villagers and children of these villages are being taken care of. ? arrangement of water facility and road transport in addition to the medical care based on the household survey conducted in this project. ? Awareness program related to health, sanitation and education is being provided. The farmers have been sensitized on organic farming. Village Development Service under NSS The villages Attuvampatti, Vilpatti, Pallangi, Valkattuodai, Mattupatti have been adopted and several services like medical camps, cleanliness drive, awareness on safety and security, voting, women empowerment, Yoga classes have been given through oneweek special camp at the respective villages. Services to Attuvampatti The University is located at Attuvampatti village and the people of the village enjoy the privilege of the following services

- Awareness programmes and training programs on organic farming were conducted for women farmers. These programmes include educating the farmers regarding the significance of organic farming, organic farming practices and marketing, effect of chemical fertilizers and pesticides on lactating women, children, men and environment.
- Compost making training programme was conducted for female farmers.
- Three days Training programme on Apiculture was conducted for the people of Attuvampatti.
- Awareness programme and practice sessions on yoga are being conducted periodically.
- Medical camps are being arranged periodically

Services to Tribal villages Awareness programmes on health and hygiene, clean environment and sanitation, organic farming practices water pollution, harmful effects of plastic on human health and soil, air pollution, climate change, loss of biodiversity, healthy nutrition food for pregnancy and Education are being conducted for the people and school children of the tribal villages of Perungadu, Poondi, Klavari, Pazahamputhur and Pallangi on a regular basis

Evidence of Success

- Application of green manure in the field has increased the yield by 8-10 with appreciable increase in available soil nutrients.
- Vermicomposting practiced by Attuvampatti farmers has resulted in availability of good quality manure for maintenance of soil health and as a source of additional income to the farmers.
- The apiculture training organized by the Department of Biotechnology has helped two beneficiaries

Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link

<https://www.moherteresawomenuniv.ac.in/IQAC/Best%20Practice%20%2019-20.pdf>

7.3 – Institutional Distinctiveness

7.3.1 – Provide the details of the performance of the institution in one area distinctive to its vision, priority and thrust in not more than 500 words

Illuminate, Inspire and Involve-Civic Engagement and Empowerment-IIIICEE A Life not Lived for Others is not a Life-St. Mother Teresa As affirmed by St. Mother Teresa herself, the University endeavours for the sustainability of the society through communal service which is its distinctive feature. Mother Teresa Women's University is educating and empowering women to empower the society. MTWU views education as an instrument to sustain individual and societal

improvement. The Institutional motto, "Towards Equality" is comprehensive enough to indicate "Inclusiveness in all Arenas, in all Aspects." Hence, the University, as a capacity builder, has initiated its strident step towards empowerment of the community with whose support it thrives on. Motivation: MTWU believes that Institution and the society are complementary and there is a dynamic relationship between the two. The society/community is the aim and education is an unavoidable tool to attain that aim. Educational programs and policies play a pivotal role in bringing the individual and societal development. Hence, MTWU, in its capacity as a provider of educational service to the whole society, feels responsible for rendering its services to Illuminate, Inspire and Involve in Civic Engagement and Empowerment.

Orientation: • The University inducts all faculty and students to involve their experiences acquired inside and outside the campus for the empowerment of the society. • NSS, YRC and JRC teams of the University are motivated on community building. • Different clubs and Cells are encouraged to take their steps towards strengthening the society. Channels: Various Departments, University's NSS, YRC, RRC organizations, Clubs and Cells in combo with external organizations like Rotary, Public/Private Health Centres are the channels. The Engagement and Empowerment Processes The University with its three Research and Extension centres has engaged the public in various programs for their empowerment: • Blood donation camp -in which 50 units of blood was donated • Polio Drops Awareness Camp • General health check-up camp for the residents of Shenbaganur, Kodaikanal, • Free eye camp for the residents of Attuvampatty village, • Environmental Awareness programme to Pazhamputhur and Poondi village. farmers and school students on pollution, climate change, importance of organic farming, demerits of chemical pesticides and effect of plastic on environment and health • Visit to government orphanage in Coimbatore for assessing the nutritional status and diet counseling of the orphanage people above 50 years of age. • Bone Density screening Awareness Camp • Yoga awareness programme and yoga classes for Public and school children in Kodaikanal, Coimbatore, Madurai, Pallapatti and Chennai. • An awareness programme on Beti Bachao, Beti Padhao (Save the daughter, educate the daughter) at Kannakinagar, Chennai • COVID-19 prevention measures, have been conducted successfully for empowering the community. Distinctive Initiatives: 1) GI Tag for Kodaikanal's Indigenous Garlic The major breakthrough in this regard has been achieved by the Department of Biotechnology, which in association with Tamil Nadu State Council of Science and Technology has obtained Geographical Index Tag for Kodaikanal Hill Garlic (Kodaikanal Malai Poundu" an indigenous species with extraordinary medicinal values. In spite of its uniqueness,

Provide the weblink of the institution

<https://www.moherteresawomenuniv.ac.in/IOAC/Institutional%20Distinctiveness%2019-20.pdf>

8.Future Plans of Actions for Next Academic Year

• To start Integrated programmes • To enhance funded projects • To arrange webinars/virtual conferences • To motivate the faculties to publish in SCI indexed journal • To increase the number of active MoUs. • To strengthen Industry-Academia linkages. • Automation in various sections.