

Extension and outreach activities

S. No.	Name of the Event	Place of the event	Date(s) (dd. mm. yyyy)	Number of participants
1	Extension Activity- Swatchhata Pakhwada activities	Textile Committee – Ministry of Textiles, Coimbatore	07.03.2025	12
2	Extension activity on Awareness program on menstrual health and hygiene among adolescent girls	Primary Health center, Thanakkankulam	02.09.2025	18
3	Extension activity on Breastfeeding awareness program	Primary Health center, Thirunagar	08.08.2025	15
4	Extension activity on Awareness among pregnant women	Primary Health center, Thirupparankundram	19.09.2025	38
5	Extension Activity on garment draping	Basic Garment Draping Workshop, Fashion Design Lab	29.11.2024	18
6	Extension Activity on ‘Adolescent Health’	Govt. High School, Annaiyur, Madurai	29.08.2024	19
7	Extension Activity on ‘Anaemia and Menstrual Health’	Govt. High School, Vadapalangi, Madurai	08.10.2024	19
8	Awareness Programme on ‘World’s Breastfeeding Week’	Department of Home Science-Foods and Nutrition, Mother Teresa Women’s University, Chennai	09.08.2024	131
9	Extension activity -	ICDS Anganwadi Centre, Chennai Girls Higher	18.09.2024	73

	Nutrition Week Celebration	Secondary School, Saidapet, Chennai		
10	Extension Activity on 'The Greatest Wealth is Health'	Jaigopal Garodia, Government Higher Secondary School, Saidapet, Chennai	10.12.2024	151
11	Extension activity - Hepatitis Day	Primary health center at Nagamalai pudhukottai, Madurai.	28.07.2023	14
12	Handloom day celebration-organized Handicrafts and Handloom Exhibition, and Handloom Princess Competition	Mother Teresa Women's University Research and Extension Centre, Coimbatore	07.08.2023	46
13	Awareness program on "Let's make breastfeeding and work"	Mother Teresa Women's University Research and Extension Centre, Coimbatore	08.08.2023	56
14	National Nutrition Week Celebration-Awareness programme among School going students (12-16 yrs) on "Healthy Habits for Healthy Life"	Chinmaya Vidhya Nikethan, Thadagam Main Road, R.S. Puram	07.09.2023.	150
15	Nutritional Awareness Program on Diet, Lifestyle, Physical Activity and Cancer: A Global Perspective	Mother Teresa Women's University Research and Extension Centre, Chennai	13.02.2024	162

16	Extension Activity – International year of Millets	Aavin Diary Industry, pachapalayam , Coimbatore	14.01.2023	02
17	Extension activity– Awareness on Public Health Nutrition	CSI middle school, Chennai	17/02/2023	33
18	Extension activity -Global Cancer Day	Mother Teresa Women’s University Research and Extension Centre, Madurai	06.02.23	32
19	Extension Activity-Health and Wellness with Emphasis on Ayush	Mother Teresa Women’s University Research and Extension Centre, Coimbatore	17.02.2023	15

1. Extension Activity- Swatchhata Pakhwada activities



2. Extension activity on Awareness program on menstrual health and hygiene among adolescent girls



3. Extension activity on Breastfeeding awareness program



4. Extension activity on Awareness among pregnant women



5. Extension Activity on Garment draping



6. Extension Activity on 'Adolescent Health'



7. Extension Activity on 'Anaemia and Menstrual Health'



8. Awareness Programme on 'World's Breastfeeding Week'



9. Extension activity - Nutrition Week Celebration



10. Extension Activity on 'The Greatest Wealth is Health'



13. Awareness program on “Let's make breastfeeding and work”



14. Extension Activity on National Nutrition Week Celebration-Awareness programme among School going students (12-16 yrs) on “Healthy Habits for Healthy Life”



**15. Nutritional Awareness Program on Diet, Lifestyle, Physical Activity and Cancer:
A Global Perspective**



16. Extension Activity – International year of Millets



17. Extension activity– Awareness on Public Health Nutrition



18. Extension activity -Global Cancer Day



19. Extension Activity-Health and Wellness with Emphasis on Ayush

